

# Schedule

## 2019 Think**First** Conference on Injury Prevention

### *“Charting the Course to Zero”*

Wyndham Bayside, San Diego, California  
Chapter Training and Sessions: April 12-14  
Community Helmet Fitting Event: April 12  
Reception, Berkeley Ferryboat: April 13

#### Objectives:

1. Increase knowledge related to the impact of injury and need for prevention education
2. Develop ability to use a variety of injury prevention programs in community outreach for all age groups
3. Learn from other injury prevention professionals through presentations, networking and sharing of program methodologies

#### Audience:

ThinkFirst Chapter Members  
Injury Prevention Professionals  
Health Educators, Therapists, Physicians  
Voices for Injury Prevention (VIP) Speakers

#### Develop Skills for Presenting:

ThinkFirst For Kids, Youth and Teens  
ThinkFirst About Concussion  
ThinkFirst To Prevent Falls  
ThinkFirst For Your Baby

**Friday, April 12, 2019**

Chapter Training • Meetings • Meet and Greet

Pre-conference Day Schedule

Wyndham Bayside 1355 N. Harbor Drive San Diego, CA 92101 619-232-3861		Conference Co-Chairs: Kelli Jankens, MBA – University of Michigan Health System (MI) Lori Sheridan, BA – Beaumont Hospital (MI) Local Advisor: Shelly Atkinson (CA)
<b>Time</b>	<b>Topic</b>	<b>Location</b>
7:00am-5:00pm	<b>ThinkFirst Office: Conference Registration</b>	Captain’s 3
Set-up Friday evening or early Saturday, as room is available	<b>Display Table: Chapter Brochures, Fliers, Posters</b> Previously approved items may be added to our shared display table at back of room. Consider quantities of 50 for items being shared. Suggested items: chapter brochures, flier listing chapters in your state, research posters, table-top displays; safety campaign items; strategic plan or other program tools	Coast Ballroom
7:30am-2:30pm	<b>ThinkFirst Chapter Training</b> Advanced registration required	Embarcadero
3:00pm: Embarcadero Room for fitting demo  3:20pm: Walk to park with helmets, bags, poster  4:00pm-5:00pm Fitting	<b>Community Event: ThinkFirst and Bike San Diego Family Bike Safety and Helmet Fitting</b> Learn the steps for holding a helmet event and fitting helmets. Please meet in Embarcadero Room at 3:00pm; group will cross Ash Street to Waterfront Park to set up with Bike San Diego. Please wear ThinkFirst shirts provided at registration with casual pants and comfortable shoes. No purses—string bags suggested. Inexperienced fitters will be paired with experienced fitters. Bike San Diego is providing tents for 1) helmet fitting 2) Bike-San Diego display on use of child carriers and 3) kids coloring	Waterfront Park At <i>Bike San Diego</i> Tents
5:30pm-6:30pm	<b>Meet and Greet</b> Wine and cheese; everyone welcome!	Poolside Patio, Wyndham
	<b>Dinner on Your Own</b>	



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**Friday, April 12, 2019**  
 Chapter Training Agenda

Wyndham Bayside 1355 N. Harbor Drive San Diego, CA 92101 619-232-3861	<i>An application has been submitted to the American Association of Neuroscience Nurses (AANN) for approval of 7.75 contact hours. The American Association of Neuroscience Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s COA.</i>
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Time	Topic	Location
7:30am-8:00am	<b>Introductions; Continental Breakfast</b> for registered trainees, instructors and registration volunteers Debby Gerhardstein, RN, BSN, MA (TFF); Meghan Lyon, BA (TFF)	Embarcadero
8:00am-8:45am	<b>ThinkFirst History and Overview</b> Jill Braselton, RN, BSN (IL)	Embarcadero
8:45am-9:45am	<b>Chapter Director Role, Chapter Management, Marketing, Budgets, Programming, and Planning</b> - Kelli Jankens, MBA (MI)	Embarcadero
9:45am-10:00am	<b>Break</b>	Embarcadero
10:00am-10:45am	<b>ThinkFirst For Teens</b> Mary Kunz (MI)	Embarcadero
10:45am-11:15am	<b>ThinkFirst For Youth</b> Jill Braselton, RN, BSN	Embarcadero
11:15am-11:45am	<b>ThinkFirst For Kids</b> Kelli Jankens, MBA	Embarcadero
11:45am-12:30pm	<b>Lunch</b> Provided for Training “Meet and Eat” Networking Time	Embarcadero
12:30pm-1:00pm	<b>Voices for Injury Prevention</b> Mary Kunz	
1:00pm-1:20pm	<b>ThinkFirst About Concussion</b> Jill Braselton, RN, BSN	Embarcadero
1:20pm-2:00pm	<b>ThinkFirst To Prevent Falls</b> Kelli Jankens, MBA	Embarcadero
2:00pm-2:10pm	<b>ThinkFirst For Your Baby (introduction only)</b> Jill Braselton, RN, BSN	Embarcadero
2:10pm-2:30pm	<b>Website; Training and Logo Agreement Form</b> Jill Braselton, RN, BSN; Kelli Jankens, MBA; Mary Kunz	Embarcadero
3:00pm-meet in Embarcadero 3:20pm-set up 4:00-5:00pm-helmet fitting	<b>Community Helmet Event</b> Meet in Embarcadero Room for briefing before walking to park for the helmet fitting event with our partner, Bike San Diego.	Waterfront Park
5:30pm-6:30pm	<b>Ahoy Mates—Meet and Greet!</b> Wine and cheese; everyone welcome!	Poolside Patio, Wyndham



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Saturday, April 13, 2019

Opening Conference Sessions • Reception

Wyndham Bayside 1355 N. Harbor Drive San Diego, CA 92101 619-232-3861		<i>An application has been submitted to the American Association of Neuroscience Nurses (AANN) for approval of contact 6.75 hours. The American Association of Neuroscience Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s COA.</i>
Time	Topic	Location
7:00am-8:00am	<b>Registration &amp; Continental Breakfast</b>	Coast Ballroom
8:00am-8:15am	<b>Welcome Aboard!</b> Conference Co-Chairs Kelli Jankens, MBA (MI) and Lori Sheridan, BA (MI)	Coast Ballroom
8:15am-9:15am	<b>Keynote Address: On The Road to Zero</b> Presenter: Kelly Nantel, BS, National Safety Council (IL) Moderator: Susan Crotty, BA, ThinkFirst Foundation (TFF)	Coast Ballroom
9:15am-10:00am	<b>Public Health Interventions to Reach Zero</b> Presenter: Linda Hill, MD, MPH (CA) Moderator: Barbara DiGirolamo, M.Ed, CPSTI (MA)	Coast Ballroom
10:00am-10:15am	<b>Break</b>	
10:15am-11:00am	<b>Grant, Grants, Grants!</b> Presenter: Lisa Robinson, BS, CFLE, National Safety Council (OK) Moderator: Jill Braselton, RN, BSN (IL)	Coast Ballroom
11:00am–11:45am	<b>Introducing ThinkFirst’s Parents of Teen Drivers Program</b> Presenter: Susan Crotty, BA (TFF); Deana Dothage (MO) Moderator: Michelle Gibler, PhD (MO)	Coast Ballroom
11:45am-12:45pm	<b>Lunch; ThinkFirst Annual Meeting</b> Debby Gerhardstein, Executive Director, ThinkFirst Foundation	Coast Ballroom
1:00pm-1:30pm	<b>Advancing Safe Mobility Options</b> Presenter: Maya Rosas, MCP, Circulate San Diego (CA) Moderator: Denise Dowd, OTR/L (CA)	Coast Ballroom
1:30pm-2:00pm	<b>Safe Kids California</b> Presenter: Helen Arbogast, DrPH, MPH, Children’s Hospital Los Angeles (CA) Moderator: Julie Farmer, MPH, RN (AL)	Coast Ballroom
2:00pm-2:30pm	<b>ThinkFirst Missouri: Changing with the Tides</b> Presenter: Michelle Gibler, PhD (MO) Moderator: Donna Cavanaugh, BA (LA)	Coast Ballroom
2:30pm-2:45pm	<b>Break</b>	
2:45pm-3:45pm	<b>Maximizing Chapter Development</b> Presenters: Kelli Jankens, MBA (MI); Jill Braselton, RN, BSN (IL); Meghan Lyon, BA (TFF) Moderator: Mary Kunz (MI)	Coast Ballroom
3:45pm-4:30pm	<b>Navigating the IRB Process</b> Presenter: Megan Keiser, DNP, RN, CNRN, SCRNP, Beaumont Hospital (MI) Moderator: Lori Sheridan, BA (MI)	Coast Ballroom
4:30pm-4:45pm	<b>Saturday Evaluation</b> Lori Sheridan, BA (MI)	Coast Ballroom
6:00pm-8:00pm	<b>Anchors Away! ThinkFirst Reception</b> Berkeley Ferryboat (accessible, across the street) Silent Auction 6:00-7:30pm	Maritime Museum, Berkeley



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Sunday, April 14, 2019

Conference Sessions • Awards Luncheon

Wyndham Bayside 1355 N. Harbor Drive San Diego, CA 92101 619-232-3861		<i>An application has been submitted to the American Association of Neuroscience Nurses (AANN) for approval of 6.0 contact hours. The American Association of Neuroscience Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s COA.</i>
Time	Topic	Location
7:00am-8:00am	<b>Continental Breakfast</b>	Coast Ballroom
8:00am-8:15am	<b>Boarding – Full Speed Ahead!</b> Conference Co-Chairs Kelli Jankens, MBA (MI) and Lori Sheridan, BA (MI)	Coast Ballroom
8:15am-9:15am	<b>Evidence-based Management of Spinal Cord Injury</b> Presenter: Uzma Samadani, MD, PhD, FACS (MN); TF Board of Directors Moderator: Amanda Rist, RN, BSN (KY)	Coast Ballroom
9:15am-9:45am	<b>ThinkFirst For Your Baby in Action</b> Presenter: Tanya Minasian, DO, Loma Linda University (CA) Moderator: Stephanie Lambers, M.Ed, OTR/L (OH)	Coast Ballroom
9:45am-10:00am	<b>Break</b>	
10:00am-11:00am	<b>Preview: ThinkFirst For Teens Traffic Safety Video</b> Presenters: Susan Crotty, BA (TFF); Debby Gerhardstein, RN, MA (TFF) Moderator: Jill Braselton, RN, BSN (IL)	Coast Ballroom
11:00am-11:25am	<b>Break</b>	
11:25am-12:45pm	<b>Luncheon; Awards Presentation:</b> Moderators: Kelli Jankens, MBA (MI), Lori Sheridan, BA, (MI) Rocco Armonda, MD, Chairman (D.C.)	Coast Ballroom
12:45pm-1:00pm	<b>Break</b>	
<b>1:00pm-2:30pm</b>	<b>Board of Directors Meeting</b>	Embarcadero
1:00pm-2:00pm	<b>Mindfulness in Rehabilitation</b> Presenter: Susan Knier, MBA, OTR/L, CABOT; Sharp Rehabilitation (CA) Moderator: Shelly Atkinson (CA)	Coast Ballroom
2:00pm-2:30pm	<b>Vestibular Therapy for Improving Balance</b> Presenter: Sara Settle Peace, PT, DPT, NCS; Sharp Rehabilitation (CA) Moderator: Shelly Atkinson (CA)	Coast Ballroom
2:30pm-2:45pm	<b>Break</b>	
2:45pm-3:15pm	<b>ThinkFirst For Teens Study</b> Presenters: Nancy Kyrouac, MPH (IL); Jill Braselton, RN, BSN (IL) Moderator: Kathy Boyer, MSN, RN (DE)	Coast Ballroom
3:15pm-4:15pm	<b>Roundtables: Ask the Experts!</b> Moderator: Krista Jones, OT (OH) TF To Prevent Falls: Kathy Boyer, MSN, RN (DE) Recruiting VIPs: Mary Kunz (MI) Traffic Safety, Teens and Parents: Susan Crotty, BA (TFF) Electronic Evaluation: Jill Braselton, RN, BSN (IL) Incorporating Activities with Youth Programs: Kim Hernden, BBA (MI) TF Foundation Process, Committees: Debby Gerhardstein, ED (TFF)	Coast Ballroom
4:15pm-4:30pm	<b>Captain’s Message: Charting Our Course</b> Debby Gerhardstein, Executive Director	Coast Ballroom
4:30pm-4:45pm Dismissal	<b>Ahoy Boston, April 24-26, 2020!</b> Conclusion and Evaluation Barbara DiGirolamo, M.Ed (MA) and Emmalin Nelton (MA)	Coast Ballroom